NEED TRANSPORTATION IN THE UPPER VALLEY?

This is your transportation resource to get you to your doctor’s appointments, workplace, shopping or job interview. We help you get to where you need to go—bike, bus, carshare, taxi, or carpool.

Need a bus ride? Let us help you plan your trip: www.trivalleytransit.org or call 802-728-3773.
For statewide transportation options: visit www.connectingcommuters.org or call 800-685-RIDE (7433).

Meeting your travel needs! We are working to get you where you need to go.

BUS 🚌
(PLAN YOUR TRIP ON GO! VERMONT)
Three transit companies serve the Upper Valley:

- **TRI-VALLEY TRANSIT** operates in Orange and Northern Windsor Counties, including commuter routes on I-89 and I-91: www.trivalleytransit.org or 802-728-3773
- **ADVANCE TRANSIT** operates weekdays in Hartford, Wilder, White River Junction, and Norwich (VT) and in Lebanon, West Lebanon, Hanover, Enfield & Canaan (NH). Fare-FREE: www.advancetransit.com or 802-295-1824
- **THE MOOver** operates the I-91 commuter route weekdays from Bellows Falls to White River Junction/Lebanon/Hanover: www.moover.com or 802-460-7433

WALK & BIKE 🚴
- All TVT, Advance Transit and The MOOver buses accept bikes
- Find trails and multi-use paths through this statewide Trail Finder: www.trailfinder.info
- Find electric bike resources and assistance through vBike: www.vbikesolutions.org
- Upper Valley Trails Alliance: www.uvtrails.org

DIAL-A-RIDE (FOR SENIORS, PEOPLE WITH DISABILITIES, AND PEOPLE & FAMILIES IN NEED)
- TVT offers several Dial-A-Ride options. Call 802-728-3773 or visit www.trivalleytransit.org to find out whether you’re eligible for the following free or subsidized services:
  - **Senior Meal Program** provides transportation for senior from their homes to meal sites in Randolph, Bethel, Chelsea, Royalton, Hancock, and Bradford. Call your local senior center for details.
  - **Ticket to Ride Program** provides door-to-door transportation to grocery stores, medical appointments, work, errands, and social events. It is free for riders over age 60 and those with disabilities when there is no other transportation available in the household.
  - **Medicaid/Non-Emergency Medical Transportation** provides free transportation to medical appointments for Medicaid recipients living in Barnard, Bethel, Bridgewater, Hartford, Hartland, Norwich, Pomfret, Rochester, Royalton, Sharon, Stockbridge, and Woodstock, and who do not have access to a vehicle. Contact 802-442-0629 or info@vptaride.org

- **THE MOOver** operates Dial-A-Ride services (including medical appointment transportation for Medicaid recipients, senior meals transportation, and shopping trips) on weekdays for eligible riders in Ascutney, Brownsville, Cavendish, Grafton, Reading, Rockingham, Springfield, Weathersfield, Westminster, Windham, and Windsor. To determine if you’re eligible or to schedule your ride, call 802-460-7433

- **VPTA**: Contact the Vermont Public Transportation Association at 802-422-0629 or info@vptaride.org

COMMERTER CO-OP VT
Go! Vermont partners with Commute with Enterprise to provide low cost options through Commuter Co-op VT. Check out our Commuter Co-op VT service at: www.connectingcommuters.org

CARPOOL 🎟
Go! Vermont partners with Agile Mile and Commute with Enterprise, to provide no cost and low cost carpool and vanpool options. Check out the ride referral service at: www.connectingcommuters.org/getting-around/ridesharing

TAXI / RIDESHARE 🚖
Big Yellow Taxi: 603-643-8294
P&P: 802-295-7878
*No Medicaid Approved Drivers in Orange & Northern Windsor Counties

Uber serves the Upper Valley area. To get a ride or be a driver, visit: www.uber.com/cities/burlington or www.uber.com/cities/manchester-nh

For more transportation options, call TVT at 802-728-3773, or Go! Vermont at 800-685-RIDE (7433).
PARK & RIDE
Looking for a convenient place to park for the day? Find a complete list of state listed park and ride locations:
www.parkandrides.vermont.gov
www.vtrans.vermont.gov

SCHOOLS AND DAYCARE
ReachUp provides reimbursement transportation services to families and children: 800-479-6151

OTHER TRAVEL CHOICES
• City-to-City Bus service - Connect to other counties and major cities, like NYC, Boston or Hartford, CT:
  www.connectingcommuters.org
• Greyhound: www.greyhound.com
• Dartmouth Coach: www.dartmouthcoach.com
• Amtrak - Intercity passenger train service between Essex Junction and Washington, DC, serving Randolph, White River Junction, Windsor, Claremont and Bellows Falls. For train schedules:
  www.amtrak.com/vermonter-train

COMMUNITY DRIVERS NEEDED
Many of our friends and neighbors have no transportation of their own. Community Drivers provide essential access to transportation for those who don’t have a car and cannot take the bus. Community Drivers bring people from home to medical appointments, the grocery, and to other critical services. Whether you have 4 or 20 hours each month—available year round or seasonally—many people who could use your help!

Community Drivers connect friends, support independence and promote healthy living. Call TVT to learn more: 802-728-3773

TRANSIT MAPS
For routes and maps please visit:
• www.advancetransit.com
• www.trivalleytransit.org
• www.moover.com

GUARANTEED RIDE HOME
If something comes up and you need to get home, Go! Vermont will reimburse your travel expenses, up to $70:
www.connectingcommuters.org

DOWNLOAD GO! VERMONT AND TRANSIT TO STAY CONNECTED AND PLAN TRIPS.

Go Green and Earn Rewards when you choose to Carpool, Vanpool, Bus, Bike or Telecommute.
JOIN TODAY! FREE, EASY & FUN

For more transportation options, call TVT at 802-728-3773, or Go! Vermont at 800-685-RIDE (7433).