



# MA U BAAHAN TAHAY GAADIID GUDAHA DEGMADDA LAMOILLE?

Ishan gaadiidkaaga waa in lagu gaadhsiiyo ballamaha dhakhtarka, goobta shaqada, wax iibsiga ama waraysiga shaqada. Waxaanu kaa caawin karnaa inaad gaadho halka aad u baahan tahay inaad tagto baaskiil, bas, wadaagid baabuur, tagsi, ama baabuur la wada raaco.

Ma u baahan tahay raacida baabuurka? Aan kaa caawino inaad qorshayso safarkaaga: [www.riderct.org](http://www.riderct.org) ama soo wac **802-748-8170**.

Doorashooyinka gaadiidka gobolka oo dhan: booqo [www.connectingcommuters.org](http://www.connectingcommuters.org) ama soo wac **800-685-RIDE (7433)**.

**Buuxinta baahiyahaaga safarka!** Waxaanu ka shaqaynaynaa inaan ku gaadhsiiyo halka aad u baahan tahay inaad tagto.

## BASKA

Adeegyada RCT waxay ku xidhaan dadka Degmadda Lamoille bulshooyinka dhammaan Vermont dhexda shabakada adeeg bixiyayaasha Arag jadwalka iyo jidadka xaga [www.riderct.org](http://www.riderct.org) ama soo wac **802-748-8170**. RCT si toos ah waxay ugu xidhan tahay Tri-Valley Transit iyo Green Mountain Transit.



Safrida meel dhaafsiisan aagaga adeega RCT?

- GMT: [www.ridemt.com](http://www.ridemt.com)
- Tri-Valley Transit: [www.trivalleytransit.org](http://www.trivalleytransit.org)
- Concord Coach Lines: [www.concordcoachlines.com](http://www.concordcoachlines.com)

## BAABIIRKA LA WADA RAACO & COMMUTER CO-OP VT

Go! Vermont waxay la shuraakowdaa Agile Mile iyo Commute with Enterprise, si ay u bixiso doorashooyinka aan kharashka ahayn ama kharashka hoose dhexda baabuurka la wada raaco iyo Commuter Co-op VT. Ka hubi adeega gudbinta raacida: [www.connectingcommuters.org](http://www.connectingcommuters.org)

## WALK & BIKE

Khariidadaha socodka ee Degmadda Lamoille waxaa laga heli karaa Hagaha Baska & Adeega. Dhammaan basaska RCT iyo GMT waxay aqbalaan baaskiilka.

- Ka hel jidadka iyo dhaboowyinka isticmaalka badan dhexdan tan wadanka oo dhan **Trail Finder**: [www.trailfinder.info](http://www.trailfinder.info)
- Ka hel ilaha baaskiilada koronta ah iyo kaalmada farsameed dhexda caawimada **vBike**: [www.vbikesolutions.org](http://www.vbikesolutions.org)
- Lamoille Valley Jidka Tareenka: [www.railtrails.vermont.gov](http://www.railtrails.vermont.gov)
- Baaskiilka kirada ah, khariidadaha iyo ilaha xaga **Local Motion**: [www.localmotion.org](http://www.localmotion.org)

## TAGSIGA

Tagsiga Blazer: **802-253-0013**  
G&G Adeega Tagsiga: **802-399-0404**

## BAABUUR DHIGASHO & RAACID

Raadinta meel ku haboon ama meel baabuurka la dhigto maalintaas? Hel liiska booxa iyo meelaha baabuurka la dhigto ee gobolka u qoran iyo goobaha raacida:

[www.vtrans.vermont.gov/highway/parkandrides](http://www.vtrans.vermont.gov/highway/parkandrides)

**Cambridge Village**: Rt. 15 & Rt. 104

**Hardwick**: 333 Wolcott St (xaga goobta dab demiska)

**Hyde Park**: 344 VT Rt. 15 W (axaga xafiisyada degmada)

**Morristown**: 24 Richmond St

**Morristown**: Rt. 100, 2305 Laporte Rd

(xaga garoonka diyaarada Stowe-Morristown)

## BULSHADDA & DALBO JAWAAB

RCT Barnaamijkeeda Dalabka Jawaabtu waxa uu bixiyaa gaadiid raaca albaab ilaa albaab ah ee goobaha loo safrayo oo ay ku jirto booshariga, caafimaadka, hawalaha, iyo dhacdooyinka aaga adeega. Adeegan waa u bilaash 60+ yo kuwan naafada ah ee aan haysan qaab kale oo gaadiid gudaha qoyskooda. Soo wac RCT lambarka **802-748-8170** si aa du qabasato raacidaada(ha).

United Way Lamoille waxay bixisaa ilaha bulshadda oo ay ku jirto helida cuntadda iyo adeegyada shuraakada badan ee qoyska. Wac **802-888-3252** ama booqo [www.uwlamoille.org](http://www.uwlamoille.org) si aad wax badan u ogaato.

**Medicaid/Barnaamijka Gaadiid Raaca aan Gurmada ahayn:**

Shurakada TCT ee Lamoille Health Partners si ay u bixiyaan gaadiidka ballamaha faydo qabka iyo caafimaadka ee aan Medicaid u qalmin. Soo wac RCT lambarka **802-748-8170** fmacluumaadka dheeraadka ah.



Doorashooyinka macluumaadka dheeraadka ah, soo wac RCT lambarka **802-748-8170**, ama Booqo! Vermont lambarka **800-685-RIDE (7433)**.



## DUGSIYADA IYO DARYEELKA MAALINTA

La xidhiidh dugsigaaga ama d'aryeelka maalinta si aad marka koowaad ugu qalanto. Ilaaha dheeraadka ah, telefoonka:

- **ReachUp** waxay siisaa magdhowga lacag celinta gaadiidka qoyska iyo carruurta la xidhiidh: **800-479-6151**
- Xarunta Qoyska Lamoille: **802-888-5229**

## DOORASHOYINKA KALE EE SAFARKA

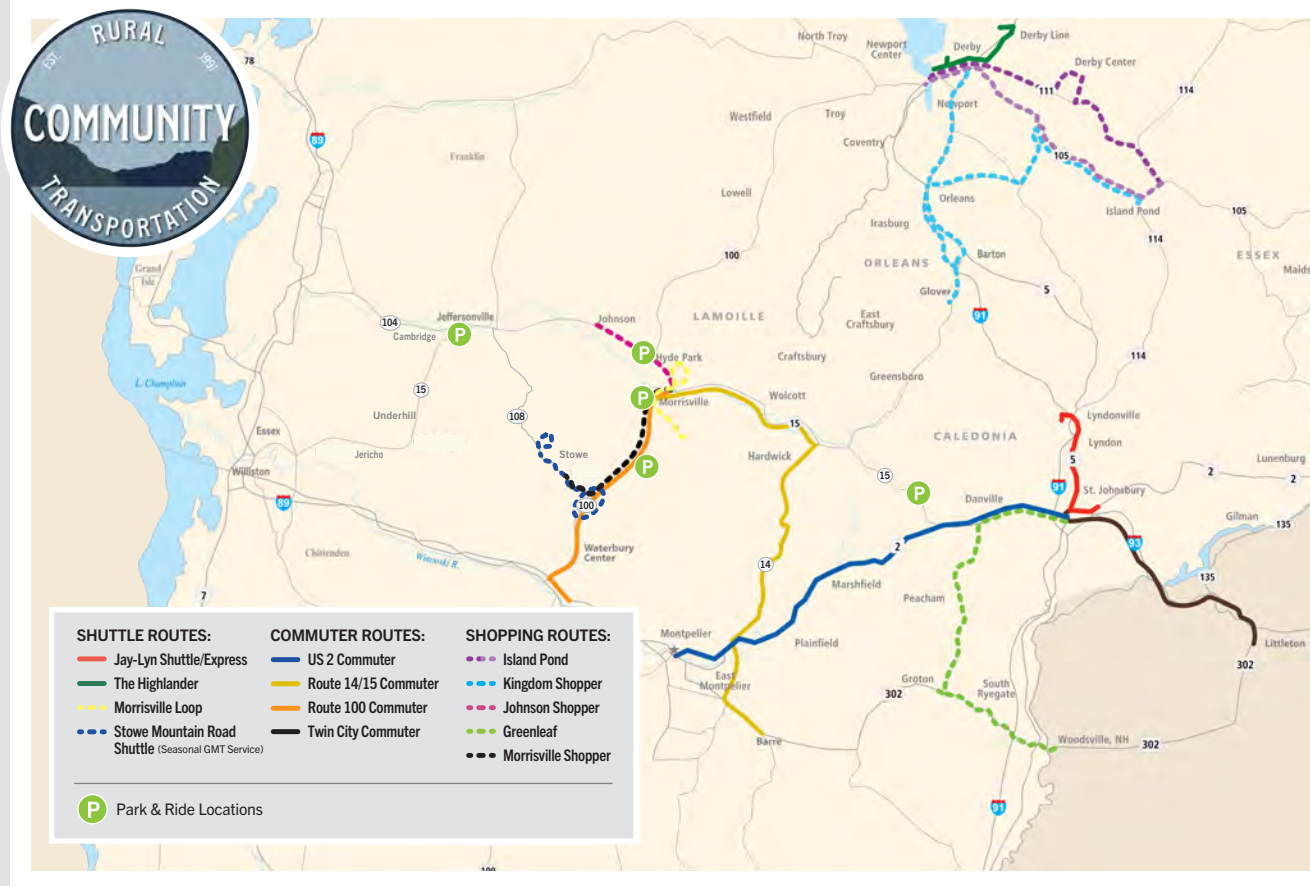
Macluumaadka adeega baska magaalo ilaa magaalo, tareenada, basaska bada, iyo ilaha kale ee gaadiidka, booqo: Tag! Vermont bogga [www.connectingcommuters.org](http://www.connectingcommuters.org)

## RAACIDA GURIGA LA DAMAANA QAADAY

Haddii ay wax soo baxaan oo aad u baahato inaad guriga gaadho, Tag! Vermont waxay magdhabi doonaa kharashyada safarkaaga ilaa \$70: [www.connectingcommuters.org](http://www.connectingcommuters.org)



## KHARIIDADAHA DEGMADDA LAMOILLE EE JIDADKA BASKA IYO BAARIYADA LOO QONDEEYAY & GOOBAHA LAGA SOO RAACO



**SOO DEJISO GO! VERMONT IYO SAFARKA SI AAD UGU XIDHNAATO OO U QORSHAYSO SAFARADA.**



Cagaar noqo oo Shaqayso Abaal marin marka aad doorato Baabuurka la wada raac, Gaadhiga qafilan ee la wada raano, Baska, Baaskiilka ama Shaqayn joogida guriga onlayn ahaan.

**KU BIIR MAANTA! BILAASH, FUDUD & MAAD AH**



Doorashooyinka macluumaadka dheeraadka ah, soo wac RCT lambarka **802-748-8170**, ama Booqo! Vermont lambarka **800-685-RIDE (7433)**.

